

Author	Title	Source (link if internet)	Notes	Year	Full Text?	Full Text Link
A						
Adams, H. B.	Arousability and the Nature of Alcohol and Substance Abuse			1988		
Adams, H. B.	Therapeutic Potentialities of Sensory Deprivation Procedures	International Mental Health Research Newspaper 6(4), 7-9	Book: The Deep Self	1964		
Adams, H.B.	The Incredible History of REST Technology	Restricted Environmental Stimulation: Research and Commentary, pp.11 - 28. Toledo, Ohio: Medical College of Ohio Press	Biological Effects on REST	1990	no	
Adams, H. B.	Effects of reduced stimulation on institutionalized adult patients	In P. Suedfeld, Restricted Environmental Stimulation." Research and Clinical Applications. New York: Wiley, pp. 320-364.	In the bibliography of 'Enhancement of Scientific Creativity by REST'	1980	no	
Adams, H. B.	Studies in REST III: REST, Arousability and the nature of alcohol and substance abuse	Journal of Substance Abuse Treatment, 5, 77-81	Book: The Deep Self	1988		
Adams, H. B.	Studies in REST: Arousability and the nature of alcohol and substance abuse	Report for the U.S. Department of Health and Human Service	Book: The Deep Self	1987		
Adams, H. B. Robertson, M. H., Cooper, G. D.	Facilitatng Therapeutic personality change in patients by sensory deprivation.	Paper presented at the International Congress of Psychology	Book: The Deep Self	1963		
Adams, H. B., Cooper, G. D., & Carrerra, R. N.	Individual differences in behavioral reactions of psychiatric patients to brief partial sensory deprivation	Perceptual and Motor Skills, 34, 199-217	Book: The Deep Self	1972		
Adams, H. B., Cooper, G. D., & Scott, J. C.	REST and reduced alcohol consumption	Proceedings of 2nd International Conference on REST	Book: The Deep Self	1987		
Åsenlöf, K., Olsson, S., Bood, S. Å., & Norlander, T.	Case studies on fibromyalgia and burn-out depression using psychotherapy in combination with flotation-REST: Personality development and increased well-being.	Imagination, Cognition and Personality	In the Bibliography of 'Chronic Whiplash-Associated Disorders and REST' by Edebol, Hanna	2007	no	
Åsenlöf, K., Olsson, S., Bood, S. Å., & Norlander, T.	Case studies on fibromyalgia and burn-out depression using psychotherapy in combination with flotation-REST: Personality development and increased well-being.		In the Bibliography of 'Sensory Isolation in Flotation Tanks: Altered States of Consciousness and Effects on Well-being	2007	no	
Atkinson R.	Short-Term Exposure to REST: Enhanced Performance on a Signal-Detection Task.	Clinical and Experimental Restricted Environmental Stimulation: New Developments and Perspectives. pp.93-100. New York: Springer-Verlag New York Inc.	Other	1993	no	
Atkinson, Richard	Short-Term Exposure to REST: Enhanced Performance on a Signal-Detection Task	Selected Papers from Clinical and Experimental Restricted Environmental Stimulation, p. 93-100	Dropbox (.doc)	N/A	no	
Azima, H., Vispo, R.; Azima, F.J.	Observations on anaclitic therapy during sensory deprivation.	In P. Solomon, P. E. Kubzansky, P. H. Leiderman, J. H. Mendelson, R. Trumbull & D. Wexler, Eds., Sensory Deprivation, Cambridge, MA: Harvard University Press, pp. 143-160.	In the bibliography of 'Observations on anaclitic therapy during sensory deprivation	1961	no	

B

Baker D.A	The Effects of REST and Hemispheric Synchronization Compared to the Effects of REST and Guided Imagery on the Enhancement of Creativity in Problem-Solving	2nd International Conference on REST. pp.122-126. Toledo, Ohio: IRIS Publications Restricted	Enhancement of Creativity w/ REST	1987	no
Baker D.A	The Use of REST in the Enhancement of Sports Performance-Tennis. Restricted Environmental Stimulation: Research and Commentary	Environmental Stimulation: Research and Commentary. pp.181-187. Toledo, Ohio: Medical College of Ohio Press	Enhancement of Performance w/ REST	1990	no
Ballard E.	REST in the Treatment of Persistent Psychophysiological Insomnia	Clinical and Experimental Restricted Environmental Stimulation: New Developments and Perspectives. pp. 187-203	Übersicht Forschungsarbeiten	1993	no
Barabasz M., Barabasz A. & Dyer R.	Chamber REST Reduces Alcohol Consumption: 3,6, 12 and 24 Hour Sessions			1993	
Barabasz A.F. & Barabasz M.	Clinical and Experimental Restricted Environmental Stimulation: New Developments and Perspectives			1993	
Barabasz, Arreed E.	Effects of Brief and Long Term REST on Conformity of Perception of Figure Inversion	Paper delivered at First International Conference on REST and Self Regulation, Denver, Colorado	The Book of Floating	1983	
Barabasz A., Barabasz M., Dyer R. & Rather N.	Flotation REST and Relaxation on Transient Mood State			1993	
Barabasz M. & Barabasz A.	REST: A Key Facilitator in the Treatment of Eating Disorders			1993	
Barabasz, A., Barabasz M., Bauman J.	Restricted environmental stimulation technique improves human performance: rifle marksmanship	Perceptual and Motor Skills, 76, 867-873.	PubMed; Medline	1993	
Barabasz M. & Barabasz A.	Treatment of Trichotillomania and Smoking with Hypnosis and REST			1993	
Barabasz A.F., Barabasz M.	Controlling Experimental and Situational Demand Variables in Restricted Environmental Stimulation Research	Second International Conference on REST, pp. 110-121	Overview of REST	1987	no
Barabasz, A. F.	Restricted environmental stimulation and the enhancement of hypnotizability: pain, EEG alpha, skin conductance and temperature responses	International Journal of Clinical and Experimental Hypnosis, 30, 147-166.	In the bibliography of 'Enhancement of Scientific Creativity by REST'	1982	no
Barabasz, A.F.; Barabasz, M.	Effects of restricted environmental stimulation: enhancement of hypnotizability for experimental and chronic pain control.	International Journal of Clinical & Experimental Hypnosis: July 1989; 37(3):217-31.	.doc	1989	no
Barabasz M., O'Neill M. & Scoggin G.	The Physiological Panic Button: New Data	Restricted Environmental Stimulation: Research and Commentary. pp. 112-119. Toledo, Ohio: Medical College of Ohio Press.	Übersicht Forschungsarbeiten	1990	no
Barabasz M., O'Neill M., Scoggin G.	The Physiological panic Button: New Data		Biological Effects on REST	1990	no
Barabasz, M.; Barabasz, A.; Darakjy-Jaeger, J.; Justice, T.; Anderson, K.; Trevisan, M.	EFFECTS OF DRY FLOTATION REST ON HYPNOTIZABILITY, EEG AND SKIN CONDUCTANCE IN LIGHTED AND UNLIGHTED CONDITIONS	Washington State University, Pullman, WA	Dropbox, .doc	NA	no
Barabasz, A.; Barabasz, M.; Warner, D.; and Bauman, J.	EFFECTS OF DRY FLOTATION REST ON MARKSMANSHIP PERFORMANCE: MORE DATA	Washington State University, Pullman, WA	Dropbox, .doc	NA	no
Barabasz, M.; Barabasz, A.	REST EFFECTS ON HUMAN PERFORMANCE	Washington State University, Pullman, WA 6th	Dropbox, .doc	NA	no
Barabasz M. & Barabasz A.	REST Effects on Human Performance	International REST Conference. San Francisco.	Other	1997	no

Barabasz, A. F. and Barabasz, M.	The effects of consecutive floats and their timing on premenstrual syndrome; Jessen, Walter.; Clinical and Experimental Restricted Environmental Stimulation	.doc Paper delivered at First International Conference on REST and Self Regulation, Denver, Colorado	Dropbox	1993	no
Belden, Allen, and Gregg Jacobs	REST in a Hospital-Based Stress Management Program		The Book of Floating	1983	
J.A. Best	Satiation and sensory deprivation combined in smoking therapy: Some case studies and unexpected side-effects	International Journal of Addiction, Vol. 12, pp. 337-359 Effects of Canadian Journal of Psychology, 8, 70—76. Copyright 1954. Canadian Psychological Association	The Book of Floating	1977	no
Bexton, W.H., Heron, W., & Scott, T.H.	Effects of Decreased Variation in the sensory environment To float or not to float... is that the question? How to maximise your use of the Sport Psychology float tanks.	How to maximise your use of the Sport Psychology float tanks.	Enhancement of Performance w/ REST	1954	y
Bond J.	ALTERED STATES: FROM FICTION TO FACT: INTRODUCING THE ALTERED WAKING STATES INDUCTION METHOD	Wellness Center Etc., Inc.	Dropbox, .doc	NA	no
Bonk, Richard	Bending and mending the neurosignature. Frameworks of influence by flotation-REST (Restricted environmental stimulation technique) upon wellbeing in patients with stress related ailments	Doctoral dissertation, Karlstad University, Karlstad, Sweden. ISSN 1403-8099.	In the Bibliography of 'Sensory Isolation in Flotation Tanks: Altered States of Consciousness and Effects on Well-being	2007	no
Bood, S. A.	Bending and mending the neurosignature. Eliciting the relaxation response with help of flotation-REST in patients with stress related pain. Doctoral Dissertation.	Karlstad University Studies	In the Bibliography of 'Chronic Whiplash-Associated Disorders and REST' by Edebol, Hanna	2006	no
Bood, S. A.	Floating Effective for Stress and Pain, Research Suggests	Science Daily (Nov. 6, 2007)	Dropbox	2007	yes
Bood, S. A., Sundequist, U., Kjellgren, A., Nordström, G., & Norlander, T.	Effects of REST(Restricted Environmental Stimulation technique) on Stress related muscle pain: Are 33 flotation sessions more effective than 12 sessions? Eliciting the relaxation response with help of flotation-REST (Restricted Environmental Stimulation Technique) in patients with stress related ailments.	Personality and Behaviour, 35, 143156	Übersicht Forschungsarbeiten In the Bibliography of 'Sensory Isolation in Flotation Tanks: Altered States of Consciousness and Effects on Well-being	2007	no
Bood, S. A., Sundequist, U., Norlander, T., Nordström, L., Nordenström, K., Kjellgren, A., et al.	Effects of flotation-REST (Restricted Environmental Stimulation Technique) on stress related muscle pain: What makes the difference in therapy, attention-placebo, or the relaxation response?	International Journal of Stress Management, 13, 154-175.	Altered States of Consciousness and Effects on Well-being	2006	no
Bood, S. A., Sundequist, U., Kjellgren, A., Nordström, G., & Norlander, T.	Restricted Environmental Stimulation Therapy used in Weight Reduction	Pain Research and Mangement; 2005 Winter;10(4):201-9.	.doc	2005	no
Borrie R.A.	A Proposal for an International Flotation Project			1985	
Roderick Borrie, Ph.D.	The Benefits of Flotation REST in a Pain Management Program			1997	
Roderick Borrie, Ph.D.	A Proposal for an International Flotation Project	The following proposal was developed as a cooperative effort by the participants of the 2010 Flotation Summit on September 25 -26, 2010 in London. That this proposal materialized is a statement of the high level of cooperation that occurred at this meeting.	Dropbox, .doc	2010	yes

http://www.wadsworth.com/psychology_d/templates/student_resources/0155060678_rathus/ps/ps12.html

Roderick Borrie, Ph.D.	Toward Wider Clinical Use of Flotation REST	This paper was presented September 25, 2010 at the 2010 Flotation Summit in London, UK.	Dropbox	2010	yes
Borrie, R.A.	The Benefits of Flotation REST (Restricted Environmental Stimulation Therapy) in a Pain Management Program.	6th International REST Conference. San Francisco.	Übersicht Forschungsarbeiten	1997	no
Borrie, R.A.	The use of restricted environmental stimulation therapy in treating addictive behaviors.	International Journal on Addiction, 1990-91;25(7A-8A):995-1015.	Dropbox	1990	no
Dr. Roderick Borrie and Dr. Tamara Russell	Flotation REST Therapy Results in Pain Relief and Relaxation for Fibromyalgia Patients	pdf	pdf of summary	2011	no
Borrie R., Dana J., Perry S., & Friedman M.	Flotation REST, Physical Therapy and Psychological Intervention in the Treatment of Physical Disabilities	Stimulation: New Developments and Perspectives. pp. 289-296 http://www.ncbi.nlm.nih.gov/pubmed/7420419?dopt=Abstract	Übersicht Forschungsarbeiten	1993	no
Borrie RA, Suedfeld P.	Restricted environmental stimulation therapy in a weight reduction program	http://www.ncbi.nlm.nih.gov/pubmed/7420419?dopt=Abstract	J Behav Med. 1980 Jun;3(2):147-61.	1980	no
Brockmeyer, Arthur	Floating and Asthma Reduction: A Case Study and Baseline Study Formula	A Cybernetic Model of Restricted Environmental Stimulation Effects	The Book of Floating	1983	
Bross, Michael			Reference in article entitled: A Cybernetic Model of Restricted Environmental Stimulation Effects	1990	
Bross, M. & Zubek, J.P.	Progressive increase in the CFF of the non-occluded eye during prolonged monocular deprivation	Canadian Journal of Psychology		1972	
Brownfield C.	Slow REST or Fast Drugs: Meditation or Medication			1993	
Bruno, J. J., Heilbronner, R., Fine, T, H. & Turner, J. W.	The use of subjective reports from REST: towards a developmental systems framework.	Proceedings of the First International Conference on REST and Self-regulation.	In the Bibliography of 'Creativity Enhancement Through Flotation Isolation'	1985	no
Budzynski T.H.	Hemispheric Asymmetry and REST	Restricted Environmental Stimulation: Theoretical and Empirical Developments in Flotation REST. pp.2-21	Übersicht Forschungsarbeiten	1990	no
Budzynski T.H.	A brain lateralization model for REST	Paper read at the First International Conference on REST and Self-Regulation, Denver, March.	In the bibliography of 'Enhancement of Scientific Creativity by REST'	1983	no
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Cahn H.A.	Sensory Isolation used with Cognition Modification Training to Restore Medically Declared Unfit Persons to Duty and Reduce Absenteeism in City of Phoenix Maintenance Workers	First International Conference on REST and Self-Regulation. pp.167-178	Other	1985	no
Cahn, Harold	A Novel Application of Sensory Isolation: Tank Training to Reduce Sickness Abstenteeism in City of Phoenix Employees	Paper Delivered at First International Conference on REST and Self Regulation, Denver, Colorado	The Book of Floating	1983	
Christensen, D.; Barabasz, M.	EFFECTS OF REST AND NATURAL ENVIRONMENT VIDEOS ON RECOVERY FROM INDUCED STRESS	Washington State University, Pullman, WA	Dropbox, .doc	NA	no
Cohen, S.I.; Silverman, A.J.; Shmavonian, B.M.		Journal of Psychomatic Research, 1962, 6, 259-281	In the Bibliography of 'Hormonal Changes Associated with Restricted Environmental Stimulation Therapy'	1962	no
Cooper, G.D., Adams, H.B., & Scott, J.C.	Psychophysiological Studies in Altered Sensory Environments	Studies in REST I: Reduced Environmental Stimulation Therapy and Reduced Alcohol Consumption	In the Bibliography of 'Hemispheric Asymmetry and REST' by Thomas H. Budzynski	1988	no

Coren, S., Suedfeld P.	Data vs Drama: Introductory Psychology Textbook's View of REST Research	Restricted Environmental Stimulation: Research and Commentary pp. 62-69	Overview of REST		1990	no
Crawford H.	Psychological Comparisons of REST and Hypnosis: Implications for Future Research.	Clinical and Experimental Restricted Environmental Stimulation: New Developments and Perspectives. pp. 175-186.	Übersicht Forschungsarbeiten	N/A		no

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Davidson, D.M.; Winchester, M.A.; Taylor, C.B., Alderman, E.A.; & Ingles, N.B.	Effects of Relaxation Therapy on Cardiac-Performance and Sympathetic Activity in Patients with Organic Heart Disease	Psychosomatic Medicine, 1979, 41, 303-309	In the Bibliography of 'Plasma Cortisol, Blood Pressure, and Mood'		1980	no
Deaton, JE	Effectiveness of isolation in the reduction of cigarette smoking	[no source provided]148:750-753.	In the Bibliography of 'Effects of Floatation Therapy on Relaxation and Mental State'		1983	no
Delmonte, M.M.	Psychological Responses During Meditation and REST	Biofeedback and Self-Regulation, 9 (2), 181-200	In the Bibliography of 'Plasma Cortisol, Blood Pressure, and Mood'		1984	no
DiRito D. Doré R. Shefransky, A. Betsy McCormick, Thomas H. Fine and John W. Turner, Jr.	Motivational Factors in Alcohol Consumption: Extending Hull's Model				1993	
Dyer R., Barabasz A. & Barabasz M.	Rheumatoid arthritis Twenty-Four Hours of Chamber REST Produces Specific Food Aversions in Obese Females	Medical College of Ohio Toledo, Ohio	Dropbox, .doc	NA		no
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Edebol, Hanna; Bood, Ake Bood, Sven; Norlander, Torsten	Chronic Whiplash-Associated Disorders and Their Treatment Using Floatation-REST (Restricted Environmental Stimulation Technique)	Qualitative Health Research	Dropbox PDF		2008	y	http://www.floatmatrix.com/sf-ca/research/Chronic%20Whiplash-Associated%20Disorders%20and%20REST.pdf
Eichorn, D.	AUDITORY SIGNAL DETECTION IN VARIOUS LEVELS OF RESTRICTED ENVIRONMENTAL STIMULATION	University of British Columbia	Dropbox, .doc	NA		no	
Ewy G., Sershon P., Freundlich T.	The Presence or Absence of Light in the REST Experience: Effects on Plasma Cortisol, Blood Pressure and Mood.	Medical College of Ohio Press.	PDF		1990	yes	

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Fine T. & Bruno J.	Flotation REST and Smoking Cessation: A Preliminary Report				1985	
Fine T. & Turner J.W.	The Effect of flotation REST on EMG Biofeedback and Plasma Cortisol	2nd International Conference on REST. pp.148-155. Toledo, Ohio: IRIS Publications.	Biological Effects on REST		1987	no
Fine T.H. & Turner J.W.	First International Conference on REST and Self-Regulation				1983	
Fine T.H. & Turner J.W.	2nd International Conference on REST				1985	
Fine T.H. & Turner J.W.	Restricted Environmental Stimulation: Research and Commentary				1990	

Fine T. & Turner J.W.	The Use of Restricted Environmental Stimulation Therapy (REST) in the Treatment of Essential Hypertension.	First International Conference on REST and Self-Regulation. pp.136-143. Toledo, Ohio: IRIS Publications.	Biological Effects on REST In the Bibliography of 'Hormonal Changes Associated with Restricted Environmental Stimulation Therapy' In the Bibliography of 'Hormonal Changes Associated with Restricted Environmental Stimulation Therapy'	1985	no		
Fine, Thomas; Turner, John Jr.	The Effects of Brief Restricted Environmental Stimulation Therapy in the Treatment of Hypertension	Behavioral Therapist, 1982, 250, 567-570		1982	no		
Fine, Thomas; Turner, John Jr.	Rest-assisted Relaxation and Chronic Pain	Proceedings of the III International Congress on Psychology		1985	yes	http://www.joergo.de/tank/rest.htm	
Fine T., Mills D, Turner J. Jr.	Differential Effects of Wet and Dry Flotation REST on EEG Frequency and Amplitude.	Clinical and Experimental Restricted Environmental Stimulation: New Developments and Perspectives. pp.205-213. New York: Springer-Verlag New York Inc.	Biological Effects on REST	1993	no		
Fine, Thomas; Mills, Donna; Turner, John Jr.	Differential Effects of Wet and Dry Flotation REST on EEG Frequency and Amplitude	pdf	Dropbox	1993	yes		
Fine, Thomas H., M.A. and Borrie, Roderick, Ph.D.	Flotation REST in Applied Psychophysiology	NA	.Doc	NA	yes	http://www.floathq.com/view-content/science-articles/item/flotation-rest-in-applied-psychophysiology?category_id=1	
Fine, T.H.; McCormick, B.A.; Shefransky, D.O.; and Turner, J.W. PhD.	EFFECTS OF RESTRICTED ENVIRONMENTAL STIMULATION THERAPY ON CORTISOL, PAIN AND INDICES OF INFLAMMATION IN RHEUMATOID ARTHRITIS	Medical College of Ohio, Department of Psychiatry and Department of Physiology.	dropbox, .doc	NA	no		
Forgays, Donald G.; Forgays, Deborah K.	CREATIVITY ENHANCEMENT THROUGH FLOTATION ISOLATION	Journal of Environmental Psychology	Department of Psychology, University of Vermont, U.S.A. and 1st University of Rome, Italy In the Bibliography of 'Effects of flotation therapy on relaxation and mental state'	1992	yes		
Forgays, Donald G.; Belinson, MJ	Is Flotation Isolation a Relaxing Environment?	Journal of Environmental Psychology		1986	no		
Foster D.S. Ph.D	EEG and Subjective Correlates of Alpha Frequency Binaural Beats Stimulation Combined with Alpha Biofeedback.	6th International REST Conference First International Conference on REST and Self-Regulation. pp.40-49. Toledo, Ohio: IRIS Publications.	Übersicht Forschungsarbeiten	1997	no		
Francis W.D. & Stanley J.M.	The Effects of Restricted Environmental Stimulation on Physiological and Cognitive Indices	IRIS Publications.	Biological Effects on REST In the bibliography of 'Enhancement of Scientific Creativity by REST'	1985	no		
Fuerst, K. and Zubek, J. P.	Effects of sensory and perceptual deprivation on a battery of open-ended cognitive tasks.	Canadian Journal of Psychology, 22, 122-130.		1968	no		
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Goldstein D.D. & Jessen W.E.	Flotation Effect on Premenstrual Syndrome	Restricted Environmental Stimulation: Research and Commentary. pp. 260-266 Journal of Mental Science, Vol. 105, pp. 235-237	Übersicht Forschungsarbeiten	1990	no		
Grant, Mark	Sensory Deprivation and Schizophrenia		The Book of Floating	1959			

Grunberg N.E.	Potential Applications of Restricted Environmental Stimulus Therapy in Behavioral Health	Restricted Environmental Stimulation: Research and Commentary. pp.36-50. Toledo, Ohio: Medical College of Ohio Press.	Other			1990 no
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Harrison J. & Barabasz A.	REST as a Treatment for Children with Autism The Critical Role of Personality and Organizational Factors as Determinants of Reactions to Restricted and Stressful Environments	Clinical and Experimental Restricted Environmental Stimulation: New Developments and Perspectives. pp.269-280.	Übersicht Forschungsarbeiten			1993 no
Helmreich N.E.	Cognitive Effects of a Decreased Variation to the Sensory Environment					1990
Heron, W., W. H. Bexton, and D.O. Hebb	A pilot study to evaluate the effects of floatation spa treatment on patients with osteoarthritis	Book: The Deep Self	Book: The Deep Self			1953
Hill, S.; Eckett, M.J.H.; Peterson, C.; Harkness, E.F.	LISTENING TO BINAURAL BEATS TO ENHANCE THE EFFECTS OF RESTRICTED ENVIRONMENTAL STIMULATION THERAPY	Complementary Therapies in Medicine	pdf			1999 yes
Holmes Atwater, F.	Sensory Isolation and the Differential Elicitation of Religious Imagery in Intrinsic and Extrinsic Persons	research stuff.doc	Dropbox, .doc	NA		no
Hood, R.W. Jr., Morris, R.J.	Effects of flotation therapy on relaxation and mental state		n			1979
Hu Pei-Cheng, SU Ying	The origin and status quo of flotation therapy	.doc	Dropbox	NA		yes
Hu Pei-Cheng, SU Ying		Clinical Psychology Journal (China) 1999; 7: 248-252.	In the Bibliography of 'Effects of flotation therapy on relaxation and mental state'			1999 no
Hu Pei-Cheng, Wang RR, Shang ZH	Flotation therapy in treatment of patients with primary hypertension	Clinical Psychology Journal (China) 2000; 14: 414-416	In the Bibliography of 'Effects of flotation therapy on relaxation and mental state'			2000 no
Hunt T.	Body-Centered Therapies: A Holographic Paradigm for Understanding REST					1990

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Jacobs, Gregg, Stanley, John M., Heilbronner, Robert	The Short-Term Flotation REST on Relaxation: A Controlled Study A Preliminary Clinical Outcome Study on a Hospital Based Stress Management Program Utilizing Flotation REST		The Book of Floating			1983 no
Jacobs G.D., Kemp J.C., Keane K.M. & Belden A.D.	Biofeedback					1985

Jacobs, T.	The effect of the floatation version of restricted environmental stimulation technique (REST) on Jazz Improvisation	Music and Medicine, October 2011 3(4), p. 234-238 Paper Delivered at First International Conference on REST and Self Regulation, Denver, Colorado		2011 no	http://mmd.sagepub.com/content/3/4/234
Janda, Louis	REST in the Treatment of Obesity		The Book of Floating	1983	
Jessen, W. E.	In-tank floatation therapy	Restricted Environmental Stimulation (pp. 152-157).	In the Bibliography of 'Sensory Isolation in Flotation Tanks: Altered States of Consciousness and Effects on Well-being	1990 no	
Jessen W.	The Effects of Consecutive Floats and Their Timing on Premenstrual Syndrome			1993	
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Kjellgren, Anette; Lyden, Francisca; Norlander, Torsten	Sensory Isolation in Flotation Tanks: Altered States of Consciousness and Effects on Well-being	The Qualitative Report Volume 13 Number 4 December 2008 636-656	Dropbox (pdf)	2008 yes	http://scholar.googleusercontent.com/scholar?q=cache:FiigJQ6QuHEJ:scholar.google.com/
Kjellgren, A., Sundequist, U., Sundholm, U., Norlander, T., Archer, T.;	Altered Consciousness In Floatation-REST and Chamber-REST: Experience of Experimental Pain and Subjective Stress	Word Doc		2004 y	
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M

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Maier, W.J.	Sensory Deprivation Therapy of an Autistic Boy	American Journal of Psychotherapy, Vol. 25, pp. 228-245	The Book of Floating	1970
Malowitz R., Tortora T. & Lehmann C.A.	Effects of Floating in a Saturated Epsom Salts Solution Disinfected with Bromine on the Aerobic Microbial Flora of the Skin	Restricted Environmental Stimulation: Research and Commentary. pp.139-150. Toledo, Ohio: Medical College of Ohio Press.	Biological Effects on REST	1990 no
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n/a	Sensory Deprivation			yes

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